

Lunch Menu

NOVEMBER 2026



TUESDAY

WEDNESDAY

THURSDAY

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30am.** All meals served with milk (1% or fat free chocolate) and fortified juice - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by
Michelle Koch Blood, RD
- 9/28/2026



Town Offices Closed
NO LUNCH

10
Shaved Chicken and Gravy over Biscuit
Mixed Vegetables
Fresh Orange
Mini Eclairs

17
Tuna Pasta Salad
Dinner Roll with Butter
Zucchini
Fresh Pear

Thanksgiving Meal **24**
Turkey and Gravy
Mashed Potatoes
Bread Dressing
Cranberry Sauce
Green Beans
Mandarin Oranges
Pumpkin Pie

1
BBQ Beef
over Baked Potato with Sour Cream
Carrots
Fresh Apple
Jello Cup

4
Chicken with Mushroom Gravy
Mashed Potatoes
Green Beans
Pear Cup
Ice Cream Cup



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NO LUNCH

18
Cheese Lasagna Rolls in Sauce
Breadstick
Broccoli
Fruit Cup

25
Tilapia al Forno (Tilapia with bread crumbs)
Pasta in Sauce
Zucchini
Fresh Apple

2
Macaroni and Cheese
Stewed Tomatoes
Broccoli
Fresh Apple

5
Pork Loin with Gravy
Roasted Sweet Potatoes
Brussels Sprouts
Fresh Apple
Cookie

12
Tomato Florentine Soup
Spinach Quiche
Italian Blend Vegetables
Ice Cream Cup

19
Chicken Patty On a Bun with Honey Mustard and Swiss Cheese
Roasted Potatoes
Carrots
Peach Cup



3
Beef Barley Soup
Roasted Potatoes
Brussels Sprouts
Peach Cup
Mini Eclairs

NO ORDERS for this week after 10/22

NO ORDERS for this week after 10/29

NO ORDERS for this week after 11/5

NO ORDERS for this week after 11/12

NO ORDERS for this week after 11/19

This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."