

Lunch Menu

AUGUST 2026



TUESDAY

WEDNESDAY

THURSDAY

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30am.** All meals served with milk (1% or fat free chocolate) and fortified juice - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by
Michelle Koch Blood, RD
- 6/11/2026



Due to congregate meal requirements, we are unable to avoid allergens and cross-contact may be present.

4
Chicken Piccata
over Rice
Spinach
Mixed Fruit Cup
Raisins

11
Pizza
Salad
Fruit Cup

18
Sloppy Joe
on a Bun
Peas & Carrots
Mixed Fruit Cup
Ice Cream Cup

25
BBQ Pulled Pork
on a Bun
Cole Slaw
Spinach
Fresh Apple
Jello Cup

5
Garden Burger
on a Bun
with Lettuce,
Tomato, and
Mayo
Roasted Potatoes
Cucumber Salad
Fresh Melon

12
Pork Loin
with Gravy
Pasta Salad
Corn Cobette
Brussels Sprouts
Fresh Apple

19
Cobb Salad
with tomato,
cucumber, chicken,
egg, avocado,
cheddar, and ranch
dressing
Dinner Roll
With Butter
Fresh Kiwi

26
Chicken with
Mushroom Gravy
Mashed Potatoes
Green Beans
Pear Cup
Chocolate Marble Ice
Cream Cup

6
Penne and
Meatballs
Breadstick
Salad with Italian
Dressing
Jello Cup

13
Breaded Pollock on
a Bun
with Tartar Sauce
Roasted Potatoes
Zucchini
Fresh Orange
Cream Puffs

20
Picnic at
Memorial Park
Hot Dogs
Potato Salad
Mac Salad
Baked Beans
Chips

27
Chicken Patty
on a Bun
with Lettuce
and Mayo
Peas & Carrots
Mandarin Oranges

NO
ORDERS
for this
week
after
7/23

NO
ORDERS
for this
week
after
7/30

NO
ORDERS
for this
week
after
8/6

NO
ORDERS
for this
week
after
8/13

This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."