

# Lunch Menu

## APRIL 2026



### TUESDAY

### WEDNESDAY

### THURSDAY



Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30am.** All meals served with milk (1% or fat free chocolate) and fortified juice - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

*Certified by  
Michelle Koch Blood, RD  
- 12/19/2025*



**Due to congregate meal requirements, we are unable to avoid allergens and cross-contact may be present.**

<b>Egg Salad 31</b> with Lettuce and Tomato on Multigrain Bread San Francisco Vegetables Fresh Pear	<b>1</b> BBQ Chicken Sliders (2 each) Spinach Peach Cup Chocolate Pudding	<b>2</b> Vegetable Soup Chicken Breast on a Bun Mixed Fruit Cup Brownie	<b>NO ORDERS</b> for this week after 3/19
<b>7</b> Chicken Breast over Pasta Alfredo Breadstick Broccoli Fresh Orange	<b>8</b> Hot Dog Topping Bar (chopped onions, hot sauce, etc) Mac Salad Potato Salad Baked Beans	<b>9</b> Ground Beef Taco Salad with cheddar, corn, salsa, and sour cream Tortilla Chips Fresh Apple	<b>NO ORDERS</b> for this week after 3/26
<b>14</b> Macaroni and Cheese Stewed Tomatoes Broccoli Fresh Apple	<b>15</b> Salisbury Steak Mashed Potatoes Brussels Sprouts Dinner Roll with Butter Fresh Banana	<b>16</b> Tomato Florentine Soup Spinach Quiche Italian Blend Vegetables Chocolate Marble Ice Cream Cup	<b>NO ORDERS</b> for this week after 4/2
<b>21</b> BBQ Pulled Pork on a Bun Cole Slaw Spinach Fresh Apple Jello Cup	<b>22</b> Greek Chicken Salad With cucumber, tomato, red onion, feta, tzatziki, and Italian dressing Pita Bread Mixed Fruit Cup Fig Newton Bar	<b>23</b> Stuffed Shells with Sauce Breadstick Broccoli Fresh Orange	<b>NO ORDERS</b> for this week after 4/9
<b>28</b> Split Pea Soup Ham and Cheese on a Bun with Mayo Dessert	<b>29</b> Pork Fajita Bowl with rice, black beans, peppers, onions, and cheddar Salsa Cup Tortilla Chips Mixed Fruit Cup	<b>30</b> BBQ Chicken Breast Roasted Sweet Potatoes Corn Cobette Dinner Roll with Butter Mandarin Oranges	<b>NO ORDERS</b> for this week after 4/16

This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



**"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."**