

Lunch Menu

MARCH 2026

TUESDAY

WEDNESDAY

THURSDAY

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30am.** All meals served with milk (1% or fat free chocolate) and fortified juice - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

*Certified by
Michelle Koch Blood, RD
- 12/15/2025*



Due to congregate meal requirements, we are unable to avoid allergens and cross-contact may be present.



TUESDAY	WEDNESDAY	THURSDAY	
3 Chicken with Mushroom Gravy Mashed Potatoes Green Beans Pear Cup Chocolate Marble Ice Cream Cup	4 Tomato Florentine Soup Grilled Cheese on Multigrain Bread Italian Blend Vegetables Peach Cup Brownie	5 Cheese Lasagna Rolls in Sauce Breadstick Broccoli Fruit Cup	NO ORDERS for this week after 2/20
10 Chicken Soup Tossed Salad with Cucumber, Tomato, and Italian Dressing Cherry Pie	11 Sloppy Joe on a Bun Peas & Carrots Mixed Fruit Cup Strawberry Ice Cream Cup	12 Pub Burger on a Bun with Cheese, Lettuce, Tomato, and Relish Broccoli & Carrots Fresh Banana	NO ORDERS for this week after 2/27
17 St Patrick's Lunch and Concert <u>Pre Registration Required at Recreation Office</u> \$12 per person	18 Chicken ala King over Egg Noodles Green Beans Fresh Orange	19 Lemon Butter Tilapia over Rice Spinach Pineapple Cup Strawberry Ice Cream Cup	NO ORDERS for this week after 3/6
24 Philly Cheesesteak with mushrooms, peppers, onions, and mozzarella Carrots Fig Newtons	25 Chicken Salad on Multigrain Bread Salad with Italian Dressing Mandarin Oranges	26 Chicken and Gravy Biscuit Mixed Vegetables Fresh Orange Mini Eclairs	NO ORDERS for this week after 3/13
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This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."