

# Lunch Menu

## FEBRUARY 2026

TUESDAY

WEDNESDAY

THURSDAY

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30am.** All meals served with milk (1% or fat free chocolate) and fortified juice - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by  
Michelle Koch Blood, R.D.  
- 11/24/2025



Due to congregate meal requirements, we are unable to avoid allergens and cross-contact may be present.



"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."

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**Soup Sharing and tossed Salad**

4

**Chicken Piccata over Rice  
Spinach  
Mixed Fruit Cup**

5

**Penne and Meatballs  
Breadstick  
Salad with Italian Dressing  
Jello Cup**

10

**Sloppy Joe on a Bun  
Peas & Carrots  
Mixed Fruit Cup  
Strawberry Ice Cream Cup**

11

**Ham and Cheese on a Bun  
with Mayo  
Split Pea Soup  
Pineapple Cup**

12

**Salisbury Steak  
Mashed Potatoes  
Brussels Sprouts  
Dinner Roll with Butter  
Mandarin Oranges**

17

**Meatloaf with Gravy  
Mashed Potatoes  
Prince William Vegetables  
Pear Cup  
Cream Puffs**

18

**Ash Wednesday  
Tortilla Crusted Tilapia  
Rice  
Salsa Cup  
Corn  
Peach Cup**

19

**Beef Barley Soup  
Roasted Potatoes  
Brussels Sprouts  
Peach Cup  
Mini Eclairs**

24

**Vegetarian Chili  
Baked Potato  
with Cheese and Sour Cream  
Broccoli  
Fresh Apple**

25

**Chicken and Gravy Biscuit  
Mixed Vegetables  
Fresh Orange  
Mini Eclairs**

26

**Chicken Salad with Lettuce and Tomato on a Bun  
Broccoli and Cauliflower  
Pineapple Cup  
Brownie**

**NO ORDERS for this week after 1/22**

**NO ORDERS for this week after 1/29**

**NO ORDERS for this week after 2/6**

**NO ORDERS for this week after 2/13**

This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.

