

Lunch Menu

DECEMBER 2025



TUESDAY

WEDNESDAY

THURSDAY

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30 am.** All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by Michelle Koch Blood, RD - 2/20/2025

2

**Chicken Piccata
over Rice
Spinach
Fresh Banana**

3

**Chicken Soup
Ham and Cheese
with Mayo
on a Bun
Peach Cup**

4

**BBQ Pulled Pork
over Baked Potato
Cole Slaw
Fresh Orange
Jello Cup**

**NO
ORDERS
for this
week
after
11/20**

9

**Macaroni and Cheese
Stewed Tomatoes
Broccoli
Fresh Apple**

10

**Pork and Gravy
Roasted Potatoes
Multigrain Bread
Corn
Fresh Orange**

11

**Tomato Florentine
Soup
Broccoli & Cheese
Quiche
Green Beans
Peach Cup**

**NO
ORDERS
for this
week
after
11/26**

Holiday Meal 16

**Ham with Gravy
Scalloped Potatoes
Carrots
Dinner Roll with
Butter
Holiday Dessert**

17

**Chicken Breast
on a Bun
with lettuce, tomato,
and mayo
Brussels Sprouts
Fresh Banana
Brownie**

18

**Burger Plate
with meat sauce,
sweet potatoes, and
mac salad
Multigrain Bread
Broccoli &
Cauliflower
Pineapple Cup**

**NO
ORDERS
for this
week
after
12/4**



**Due to congregate
meal requirements,
we are unable to
avoid allergens and
cross-contact may
be present.**



**NO LUNCHES
this Week**



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this Week**



This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



“No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging.”