

Lunch Menu

NOVEMBER 2025



TUESDAY

WEDNESDAY

THURSDAY

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30 am.** All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by
Michelle Koch Blood, RD
- 9/22/2025



4

Town Offices Closed
NO LUNCH

Turkey Chili 5
Baked Potato
with Cheddar Cheese
and
Sour Cream
Broccoli
Jello

Tuna Pasta Salad 6
Dinner Roll
with Butter
Salad with
Italian Dressing
Fresh Apple
Cream Puffs

NO
ORDERS
for this
week
after
10/24



11

Town Offices Closed
NO LUNCH

12
Chicken Salad over
Lettuce
Dinner Roll
with Butter
Mandarin Cup
Mini Eclairs

13
Pork Fajita Bowl with
rice, black beans,
peppers, onions, and
cheddar
Salsa Cup
Tortilla Chips
Mixed Fruit Cup

NO
ORDERS
for this
week
after
10/31

18
Tortilla Crusted
Tilapia
Rice
Salsa Cup
Corn
Fresh Apple

19
Chicken Piccata
over Rice
Carrots
Pear Cup

Holiday Meal 20
Turkey with Gravy
Cranberry Sauce
Mashed Potatoes
Bread Dressing
Green Beans
Dinner Roll
Holiday Pie

NO
ORDERS
for this
week
after 11/6



Due to congregate meal requirements, we are unable to avoid allergens and cross-contact may be present.

25
BBQ Chicken
Sandwich
Split Pea Soup
Fresh Orange
Chocolate Swirl Ice
Cream Cup

26
Macaroni and
Cheese
Stewed Tomatoes
Broccoli
Fresh Apple

27
*HAPPY
thanks
giving*

NO
ORDERS
for this
week
after
11/13



This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."