GATES RECREATION AND PARKS DEPARTMENT



2025 FALL PROGRAM GUIDE RESIDENT REGISTRATION BEGINS SEPTEMBER 3

GATES RECREATION & PARKS STAFF

Daniel Hoock, Recreation Director Cindy Briggs, Recreation Supervisor Stacie Paris, Recreation Supervisor Ellen Fridman, Recreation Supervisor Kim Vogler, Adult Services Coordinator

PHONE: (585) 429-8289

E-MAIL ADDRESS:

gatesrec@townofgatesny.gov

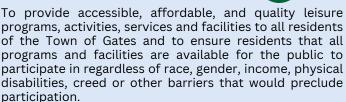
WEBSITE: gatesrec.org

OFFICE HOURS:Monday - Friday, 9:00 AM - 5:00 PM

GATES RECREATION & PARKS COMMISSION

Abramo Bianchi Steve Murphy John Unson Christine Maurice James Battaglia Valerie Young, Secretary

MISSION STATEMENT





Town of Gates TRUNK OR TR



















- 20+ TRICK OR TREAT STATIONS FEATURING TOWN DEPARTMENTS & LOCAL ORGANIZATIONS
- COSTUME CONTEST (AWARDS FOR: MOST CREATIVE, BEST TRUNK OR TREAT STATION, BEST GROUP & BEST INDIVIDUAL)
 CIDER & DONUT STATION PROVIDED BY WEGMANS

VETERAN'S DAY SERVICE

Let's remember
the sacrifice and service
of our heroes



Saturday, November 8 10:30am Gates Chili High School Performing Arts Center

The community is invited to attend our Veteran's Day
Service to honor the dedicated men and women who have
served our country. Students from Walt Disney, Neil
Armstrong, Florence Brasser and Paul Road will read essays
to recognize the service of our Veterans.
There will be refreshments following the service.





Thursday, November 27

Starts at 8:30AM, arrive by 8:15AM

All are welcome - Runners, walkers, dogs, turkey costumes! Meet at Gates Town Hall back parking lot. Bring items to donate to Gates Chili School District Food Cupboard.



Munchkin Madness



Sept. 10th - Dec. 17th



(No Class Nov. 26th)

Weekly themed activities with story, hands on craft and play time. Please bring a shirt to get messy in. Children must be accompanied by a responsible adult.

For Ages 1-5 9:30 - 10:30 AM or 1:30 - 2:30 PM

Residents: \$35 Non-Residents: \$45 (Per class)

Preschool Classes with Miss Stacie Story & Craft time 10:30 AM FREE



Sept. 16th Fall





Nov. 18th Thankful





Oct. 14th
Pumpkins







FIRST THURSDAY'S

Come enjoy a story, craft and a snack all themed around the stories listed below:

10:30AM FREE

SEPT. 4TH
PETE THE CAT:
FALLING FOR AUTUMN

OCT. 2ND
TRICK OR TREAT
ON SCARY STREET



<u>nov. 6th</u> The leaf thief

DEC. 4TH
THE GRUMPY
REINDEER

KIDS NIGHT OUT

This monthly program gives kids the chance to enjoy a special evening away from their parents in a fun and safe environment. We will have games, crafts, snacks and different themed activities.

AGES: 5-11 YEARS 6:30 - 8:30 PM RECREATION CENTER

RESIDENTS: \$12 NON-RESIDENTS: \$20 (EACH NIGHT)

FRIDAY, SEPTEMBER 12





FRIDAY, NOVEMBER 7

WICKED



FRIDAY, DECEMBER 5

RUDOLPH



TWEEN NIGHTS AT GATES REC!

This monthly program gives our older kids the chance to enjoy a special evening away from their parents in a fun and safe environment. We will have games, crafts, snacks and different themed activities.

AGES: 9-14 6:30 - 8:30 PM Res: \$12 Non-Res: \$20 (each night)

GAGA BALL NIGHT



FRIDAY, SEPTEMBER 19

Music Night (Taylor's Version)



FRIDAY, OCTOBER 17

FOAM DARTNIGHT



FRIDAY, NOVEMBER 14



JOIN OUR GATES REC STAFF AS WE PARTICIPATE IN FUN CTIVITES DURING THE DAY OFF OF SCHOOL. **BREAKFAST, AN** AFTERNOON SNACK. **GAMES, ACTIVITES AND CRAFTS ARE PROVIDED.**



RECESS CAM



Gates Recreation Center 8:30 AM - 5:30 PM



Day Camp

Friday, October 10 Wednesday, November 26 **Monday, December 8**

\$40 Residents \$50 Non Residents (per day)



Week Break Camp

Monday, December 22 Tuesday, December 23

Monday, December 29 Tuesday, December 30 Wednesday, December 31

Residents: \$40/day

\$175/All 5 days Non Residents: \$50/day

\$210/All 5 days











<u> American Dance Academy</u>

Come Bance with us!



Monday Classes (No Classes on Oct 13)

Sept 8 - Oct 27 (7 weeks) Nov 3 - Dec 15 (7 weeks)

*Tap, Ballet, Jazz & Hip Hop (Ages 9 - 12)

5:30 - 7:00 PM

<u>Hip Hop only</u> (Ages 8 - 12) 5:30 - 6:00 PM

*Tap, Ballet, Jazz & Hip Hop (Ages 12 - 15) 7:00 - 8:30 PM

Offering year-round classes for all ages & levels:

*=Classes with previous instruction required.

New students, text (585) 978-2662 for class placement.

Fees per session listed on www.gatesrec.org

Registration begins September 3

For more information:

AmericanDanceAcademy1986@gmail.com or

www.gatesrec.org

Saturday Classes (No Class on Nov 29)

Session Dates: Sept 13 - Oct 25 (7 weeks) Nov 1 - Dec 20 (7 weeks)

<u>Tap, Ballet & Tumbling</u> (Ages 4 - 7) 9:30 - 10:10 AM

*Tap, Ballet & Jazz (Ages 8 - 10) 10:15 - 11:15 AM

(Child needs to be 8 by 12/31/2025)

Children's Birthday Parties at the Rec Center

SEPTEMBER-DECEMBER

NEW RESERVATION REQUESTS CAN BE MADE ONLINE AT GATESREC.ORG

SATURDAYS & SUNDAYS BETWEEN 11:00 AM - 6:00 PM 2 HOUR MIN - 4 HOUR MAX

\$50 PER HOUR FOR GATES RESIDENTS \$65 PER HOUR FOR NON-RESIDENTS

PRICE INCLUDES USAGE OF THE REC CENTER, 30 ADDITIONAL MINUTES BEFORE AND AFTER PARTY FOR SET UP AND CLEAN UP & STAFF MEMBER FOR ASSISTANCE.

GAGA PIT AVAILABLE TO RESERVE FOR ADDITIONAL FEE.



Gates Recreation Center

Recreation Center open hours:

Monday/Tuesday/ Thursday/Friday 9:30am - 2:00pm

> Wednesdays CLOSED

The Recreation Center is closed on school breaks and hours are subject to change throughout the year.
Please call 429-8289 to inquire about any schedule changes.

- Please check in/sign in at the Recreation office.
- Preschool play area is for ages 5 years and younger.
- Food/Drinks only allowed in tiled area.
- Please DO NOT go in any of the cabinets, craft supplies areas or cubbies.
- Ask a staff member if you have any questions about the equipment.
- Water bottle fill up station available in the main hallway.
- Please clean up after yourself!





TOWN OF GATES
RECREATION CENTER
1605 BUFFALO RD
585-429-8289
WWW.GATESREC.ORG

FALL TRIPS

Registration begins September 3

FRIDAY, SEPTEMBER 19 9:30 AM - 3:00 PM

Hidden Valley Animal Adventure
Res: \$35 Non-Res: \$45

WEDNESDAY, SEPTEMBER 24 4:00 PM - 8:30 PM

Batavia Downs

Res: \$10 Non-Res: \$15

FRIDAY, OCTOBER 3 9:00 AM - 3:00 PM Naples (Farm Market, Lunch, Wine Tasting)

Res: \$12 Non-Res: \$20

WEDNESDAY, OCTOBER 8 1:00 PM - 4:30 PM (2:00 PM SHOW) GEVA for "The Play That Goes Wrong"

Res: \$30 Non-Res: \$40

FRIDAY, OCTOBER 17 9:30 AM - 4:00 PM Vidler's Shopping Trip (Lunch on your Own) Res: \$12 Non-Res: \$20

FRIDAY, OCTOBER 24 9:00 AM - 3:00 PM

Buffalo Art Museum

FRIDAY, NOVEMBER 7 9:30 AM - 2:30 PM Res: \$30 Non-Res: \$40

(Shopping and Lunch on your own)
Res: \$8 Non-Res: \$12

SUNDAY, DECEMBER 7 1:15 PM - 4:30 PM OFC for "Emmett Otter Christmas"
2:00 PM show

Res: \$45 Non-Res: \$55

MONDAY, OCTOBER 27 FRIDAY, NOVEMBER 21 11:00 AM - 1:00 PM Lunch Outings
Mission BBQ in Henrietta
Leo's Bakery & Deli
Res: \$5 (each trip) Non-Res: \$10

SATURDAY, JANUARY 17 1:15 - 4:30 PM "Hunchback of Notre Dame" at Roberts
Community Theater
2:00 PM show
Res: \$35 Non-Res: \$45

Times listed are the anticipated departure/return times from the Town Hall back parking lot. Trip fees include transportation and entry fees to the trip location. Bring additional money for lunch/gifts/etc.

Stop by the Recreation & Parks office, or go to gatesrecparks.org for more information.

HAWAIIAN LUAU NIGHT



Aloha, friends and neighbors! You're invited to sway into fall with us at our spectacular Hawaiian Luau Night. Get ready to immerse yourself in an evening of tropical delight. We will have delicious Hawaiian-inspired food, a live performance by Gates Ukuleles, featuring songs of the island, hula dancing and fun activities for all. Don your favorite aloha wear for an unforgettable celebration of community spirit.





Friday, September 26 4:30 - 7:30 PM Gates Town Hall Annex



Program Fee: \$15 (resident), \$ 20 (non-resident)

BINGO NIGHT



Join us for a fun night of BINGO. We will play approximately 12 games (Regular & Specials). We will have beverages and light snacks. Feel free to bring your own refreshments.

Friday, October 3 6:30 - 8:00 PM Gates Town Hall Annex



Program Fee: \$8 (resident), \$ 12 (non-resident)

ADULT ACTIVITIES

EMERGENCY PREPAREDNESS

FREE

The course provides an introduction to responding to a natural or human-caused disaster. Participants are advised on how to properly develop family emergency plans and stock up on emergency supplies. A key component of the training is distribution of free NYS Disaster Preparedness Kits to participants (one per family) containing examples of key items to assist individuals in the immediate aftermath of a disaster.

Wednesday September 17 12:30 PM Annex Thursday, October 9 6:00 PM Room A

Program Fee: FREE Pre-registration required

TAI CHI FOR ARTHRITIS & FALL PREVENTION

Tai Chi combines slow moving with deep breathing. Increases strength, balance & posture. Prevents falls. Improves mind, body & spirit. Reduces stress and increases relaxation.

Tuesdays

September 23 - November 25 (no class 11/4 & 11/11)

1:00 - 2:00 PM Large Meeting Room

Program Fee:

\$10 (resident), \$15 (non-resident) Pre-registration required

TAI CHI

Have you made plans for keeping in shape over the fall and winter? We don't want to stiffen up over time, do we? Our friendly Tai chi class is for YOU! Tai chi is done from a standing position. Learning new skills prevents mental decline! Beginner students will have more one on one assistance if needed.

Thursdays

Session 1: September 18 - October 23

Session 2: October 30 - December 11 (no class 11/27)

2:00 - 3:00 PM

Rec Center Room A

Program Fee per session: \$30 (resident), \$40 (non-resident)



SENIOR FITNESS

This class, provided by Agape Physical Therapy, will be led by a licensed therapist who will lead the class in generalized exercises to build strength and endurance for the upper body, trunk and legs.

Mondays,

September 15 - December 15

(No class 10/13 & 11/24) 2:00 - 3:00 PM

Large Meeting Room

Program Fee: \$15 (resident) \$25 (non-resident)



SAIL

Stay Active and Independent for Life (SAIL) series incorporates cardio, upper and lower body strengthening, and dynamic and static balance. It is a faster-paced class, well-rounded, with fun music.

Tuesdays & Fridays

September 9 - November 25 (no class 11/4 & 11/11)

10:00 - 11:00 AM Large Meeting Room

Program Fee:

\$15 (resident), \$20 (non-resident) Pre-registration required

CHAIR FITNESS WITH CINDY



Join Cindy for some chair fitness and balance exercises. We will be doing some low impact movements.

Thursdays

September 25 - December 4 (no class 11/27)

> 10:00 - 10:45 AM Large Meeting Room

Program Fee: FREE Pre-registration required



WEEKLY ADULT ACTIVITIES

NUTRITION CLASSES

FREE

Join Cornell Cooperative Extensions Nutrition Educator, Allyssa VanValkenburg, our nutrition classes. Lessons cover unique needs of older adults. Topics will focus on Eating Healthy on a Budget, and Older Adult Nutrition. Both classes will have a food demonstration.

Wednesdays September 10 October 1 12:30 - 1:30 PM Annex

Please Pre-registration for each day.

MAH JONGG

We play with the standard hands and rules of the National Mah Jongg League. Want to learn? Join us and we will have a teaching table.

Mondays
(no class Oct. 13)
1:00 - 4:00 PM
Gates Recreation Room A

BRIDGE

Wednesdays
1:00 - 3:30 PM
Gates Town Hall Large
Meeting Room
\$1 to the instructor per visit

HOOK N' NEEDLES

Knitting & Crocheting Group

Join us for a morning of needle work and socalization. Want to learn to knit or crochet? come join us and we will teach you how.

> Wednesdays 9:00 - 11:30 AM Gates Recreation Rec Center



MONTHLY MOVIES



Wednesdays

September 24 - "Mama Mia" October 22 - "80 for Brady" November 19 - "Big Business" December 10 - "Holiday Inn" 1:00 PM - 3:00 PM Annex

(please pre-register)

EUCHRE

Competitive Group
Mondays
(no class Oct. 13)
10:30 AM - 2:30 PM
Gates Town Hall Annex
Non-Competitive Group
Wednesdays
10:00 AM - 12:00 PM
Gates Town Hall Annex



BINGO

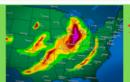
Tuesdays and
Thursdays
1:00 - 2:00 PM
Gates Town Hall Annex
\$1 per visit at the door

UKULELE CLUB

This club meets weekly all year long, practicing songs from all eras of music. We have both experienced musicians and those that are new to playing ukulele. We also have a few ukuleles to loan out if you are interested in learning. The club occasionally performs at events around the community. The best way to see what we are all about is to stop by and check us out!

Every Tuesday 9:30 - 10:30 AM Gates Town Hall Annex

ADULT ACTIVITIES





PRESENTATION WITH LUNCH Wednesdays

October 29 - Scott Hetsko; 13 Wham Weather - Q & A 11:00 AM - 1:00 pm (lunch served after Q & A)



November 5 - NYS OPRHP: Mr. Letchworth's Vision: The History of Letchworth Park 11:30 AM - 2:00 pm

Annex

Program Fee: \$3.50 (at the door) (please pre-register)

Adult Services

AARP Defensive Driving

Upcoming Classes

September 10 & 12 November 12 & 14

Pre-registration is required.
IO:OO AM - I:OO PM each day.
Please call the Recreation Department at (585) 429-8289
to register.
Bring a check to Ist class (\$25 for AARP Members, \$30 for non-members).

Medicare Insurance Options

Lifespan volunteer available every Tuesday & Thursday, October 2nd - December 4th Call (585) 429-8289 to make an appointment IO:OO AM - I:OO PM

Hearing Workshop

FREE

An educational program designed to raise awareness of hearing loss, what causes hearing loss, and forms of treatment, and how unaided hearing loss can lead to depression, anxiety and isolation. Speaker is Ryan from the Morabito Hearing Center.

Thursday, September 25th 10:45 AM- 2:00 PM Gates Town Hall Annex

<u>Lifespan</u>

A social worker from Lifespan will be in the annex from II:OO AM - I:OO PM on October 2nd, & November 6th. Call (585) 244-8400 for appt.

Medical Transportation

Transportation available for medical appointments (9:30 AM - 3:30 PM) only. For Gates senior residents only. Call (585) 429-8289

HICAP

Health Insurance, Counseling & Assistance program. Call (585) 325-2800 8:00 AM - 3:00 PM

Eldersource Care

An Eldersource Care Manager can provide information & guidance on various elder issues.

Call (585) 244-8400 for appt.

AARP Tax Preparation

Free tax preparation for adults 50 years and older.
Volunteers will be available on Mondays and
Fridays beginning in February by appointment only.
Town residents, Call (585) 429-8289, starting
Wednesday, January 21 to make an appointment.
Non-residents can call starting Friday, January 23.

Westside Express

Westside Express provides transportation needs for Gates and Chili residents. Appointments must be scheduled two weeks in advance.

Volunteers drive their own vehicles. For more information, please call

(585) 889-6104 and a dispatcher will return your call.

60+ Lunch Program



TUESDAYS, WEDNESDAYS, & THURSDAYS LUNCH IS SERVED AT 11:30AM

Transportation

Our Recreation bus is available to pickup any town resident ages 50 or older or those with disabilities. Pickup times will be approximately between 10-11 AM and return trips home will begin at 2:00 PM. Call (585) 429-8289 between 9:00 AM and 5:00 PM to reserve a seat on the bus for the days you would like to be picked up.

Lunch Program details:

Gates Recreation & Parks, in partnership with Monroe County Office for the Aging, provides lunches for the members of our community that are 60 years of age or older. It is preferred that lunch is preordered 10 days ahead of time by calling (585) 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will only be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50. A monthly lunch and activity schedule is available. We offer a variety of activities throughout the year. Bingo is played Tuesday & Thursday afternoons starting at 1:00 PM. Transportation is available for any Gates resident on Tuesday, Wednesday or Thursday.



THIS PROGRAM IS FUNDED IN PART BY MONROE COUNTY OFFICE FOR THE AGING, NEW YORK STATE OFFICE FOR THE AGING, US ADMINISTRATION ON AGING, AND PARTICIPANT CONTRIBUTIONS.

TOWN PARKS & SHELTER RENTAL INFO

Visit our website (www.gatesrec.org) for specific information on each park and how to rent one of our facilities.

ENCLOSED SHELTERS:

Hours of Operation: 9:00 am - 9:30 pm Monday - Thursday Residents - \$120 Non-Residents - \$240

FRIDAY - SUNDAY RESIDENTS - \$150 NON-RESIDENTS - \$300



WESTGATE PARK 1489 HOWARD RD



MEMORIAL PARK 160 SPENCERPORT RD



LIONS PARK 100 KENTUCKY AVE

OPEN PICNIC PAVILIONS:

HOURS OF OPERATION: 10:00 AM - 9:00 PM (MAY - OCTOBER) MONDAY- THURSDAY RESIDENTS - \$60 NON-RESIDENTS - \$120

FRIDAY - SUNDAY RESIDENTS - \$75 NON-RESIDENTS - \$150



WEGMAN RD PARK 510 WEGMAN RD



MEMORIAL PARK 160 SPENCERPORT RD



FIRST RESPONDERS PARK 4310 LYELL ROAD

REFUND/CHANGE OF DATE FEE POLICY:
NO REFUNDS WILL BE MADE UNLESS NOTIFICATION
OF CANCELLATION IS GIVEN 14 CALENDAR DAYS IN
ADVANCE. THE PROCESSING FEE FOR ALL
RESERVATION REFUNDS IS \$25. THERE IS A \$20
CHARGE FOR CHANGES OF DATE OR LOCATION. ANY
DATE CHANGE MUST ALSO BE RECEIVED 14
CALENDAR DAYS IN ADVANCE.

THE PRICE OF OUR ENCLOSED SHELTERS INCREASES ON HOLIDAYS. TO SEE MORE PHOTOS OF OUR PARKS, VISIT OUR WEBSITE OR FACEBOOK PAGE. YOU CAN ALSO CALL OUR OFFICE TO SET UP AN APPOINTMENT TO SEE THE SHELTER IN PERSON.



Town of Gates 1605 Buffalo Road Rochester, NY 14624 (585) 247-6100 townofgatesny.gov

RECREATION PROGRAM REGISTRATION BEGINS SEPTEMBER 3 GATESREC.ORG

COMMUNITY ORGANIZATIONS

Carried State of the State of t

GATES HISTORICAL SOCIETY	464-9740
GATES GARDEN CLUB	733-7331
GATES PUBLIC LIBRARY	247-6446
GATES CHILI CONTINUING ED	247-5345
TOTAL SPORTS EXPERIENCE	458-4263
WESTSIDE FAMILY YMCA	247-3501

YOUTH SPORTS ORGANIZATIONS

GATES SOCCER:

website: gatessoccer.org email: info@gatessoccer.org or

GATES LITTLE LEAGUE BASEBALL: email: GCLLReg@gmail.com

GATES JR. SPARTANS FOOTBALL/CHEER: website: gateschilijrspartans.com or email: gcjrspartans@gmail.com



GATES RECREATION & PARKS

HOLIDAY EVENT

SATURDAY, DECEMBER 6

SEE PAGE 23 FOR MORE DETAILS