

Lunch Menu

AUGUST 2025



TUESDAY

WEDNESDAY

THURSDAY

5
Philly Cheesesteak
Sub Roll
With Peppers,
Onions, and
Mushrooms
Broccoli
Apple

6
BBQ Chicken Sliders
Broccoli
Mandarin Oranges

7
Chicken Parmesan
Penne Pasta
Salad with Italian
Dressing
Banana

12
Stuffed Shells with
Marinara Sauce
Breadstick
Green Beans
Fresh Orange

13
Ground Beef Taco
Salad
Salsa & Tortilla Chips
Sour Cream
Mixed Fruit Cup

14
Chicken Salad
Sandwich on a Bun
Salad with Italian
Dressing
Banana
Eclairs

19
Meatloaf
with Gravy
Roasted Potatoes
Broccoli
Breadstick
Fruit Cup

20
Penne and
Meatballs
Garlic Bread Sticks
Salad with Italian
dressing
Apple Sauce

21
"Fried" Chicken on
a Bun
with Swiss and Honey
Mustard
Zucchini
Peaches

26
Macaroni and
Cheese
Stewed Tomatoes
Sherbet

27
Pulled Pork
on a Bun
Roasted Potatoes
Zucchini
Applesauce

28
Cheeseburger
with Bun
Roasted Sweet
potatoes
Green Beans
Peach Cups
Chocolate Pudding

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30 am.** All meals served with white or chocolate milk (1% or Fat Free)- soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by
Michelle Koch Blood, RD
- 7/15/2025

Due to congregate meal requirements, we are unable to avoid allergens and cross-contact may be present.

This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.

"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."

