

# Lunch Menu

## JUNE 2025



TUESDAY

WEDNESDAY

THURSDAY

**Transportation**  
**Now available for**  
**Gates Residents**  
**on Wednesdays**  
**starting June 4th**

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30 am.** All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

*Certified by*  
*Michelle Koch Blood, RD*  
*- 2/20/2025*

<b>Broccoli Cheese Quiche</b> <b>California Blend Veg Strawberry Shortcake</b> <b>(Strawberries over Pound Cake with Whipped Topping)</b>	<b>Chicken Fajita Bowl</b> <b>(Fajita Chicken, Lettuce, Tomato, Cheese, and Sour Cream over Rice)</b> <b>Black Bean &amp; Corn Salsa</b> <b>Tropical Fruit Cookie</b>	<b>Meatloaf with Beef Gravy</b> <b>Boiled Potatoes</b> <b>Spinach</b> <b>WW Dinner Roll</b> <b>Fresh Orange</b>
<b>Picnic at Memorial Park</b> <b>BBQ Pulled Pork</b> <b>Macaroni Salad</b> <b>Cole Slaw</b> <b>Corn Muffin</b> <b>Peaches</b>	<b>Swedish Meatballs over Rice</b> <b>Peas &amp; Carrots</b> <b>Sherbet</b> <b>Grape Juice</b>	<b>Chicken Breast on a Bun with Lettuce, Tomato, and Mayo</b> <b>Broccoli Pasta Salad</b> <b>Summer Squash</b> <b>Fresh Apple</b>
<b>Happy Father's Day</b> <b>Chicken Cheesesteak (Pulled Chicken on a Bun with Peppers, Onions, and Provolone Cheese)</b> <b>Potato Salad</b> <b>Ice Cream</b>	<b>Happy Father's Day</b> <b>Italian Sausage on a Bun with Peppers, Onions, and Mustard</b> <b>Macaroni Salad</b> <b>Corn Cobette</b> <b>Watermelon</b>	<b>Town Offices Closed</b>  <b>NO LUNCH</b>
<b>Primary Day</b>  <b>NO LUNCH</b>  <b>Trip to Seabreeze for Lunch on your own.</b>	<b>Chicken Wrap</b> <b>(WW Tortilla w/ Breaded Chicken Tenders, Lettuce, Tomato, Shredded Cheese, and Ranch)</b> <b>Pea &amp; Cheese Salad</b> <b>Fresh Orange</b>	<b>Tomato Sandwich</b> <b>Potato Chips</b> <b>Carrot Raisin Salad</b> <b>Fruit Cocktail</b>

This program receives its funding through participants’ contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



**“No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants’ contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging.”**