

Lunch Menu

MAY 2025



TUESDAY

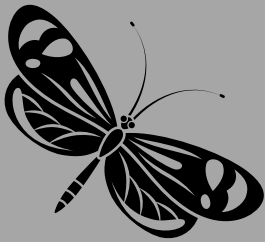
WEDNESDAY

THURSDAY



Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30 am.** All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

*Certified by
Michelle Koch Blood, RD
- 2/20/2025*



6
**Pasta & Meatballs
in Pasta Sauce
Tossed Salad with
Italian Dressing
Italian Bread
Mandarin
Oranges**

13
Happy Mother's Day
**Vegetable Lasagna
Crusty Roll
Green Beans
Grape Juice
Cream Pie**

20
**Hot Dog Goodwill
Plate (Hot Dog,
Baked Beans,
Macaroni Salad,
topped with Mild
Chili)
California Blend
Mandarin Oranges**

27
**Breaded Chicken
Patty Sandwich with
Mayo
Malibu Blend Veg
Peaches
Ice Cream Cup**

7
**Macaroni & Cheese
Stewed Tomatoes
Broccoli
Muffin
Apple Juice**

14
**Sweet & Sour
Meatballs over
Rice
Cauliflower
Spinach
Fresh Banana**

21
**Grilled Chicken
Breast over Salad
with Italian
Dressing
Dinner Roll
Carrot Raisin
Salad
Tropical Fruit**

28
**Swiss Burger
(Burger with Swiss
Cheese and cooked
onions on a Bun)
Potato Salad
Broccoli
Fruit Cocktail**

1
**Pub Burger Salad
(Salad topped with
Burger, Onion,
Tomato, Cheddar)
with Thousand
Island Dressing
Hard Roll
Broccoli Pasta Salad**

8
**Chicken Wrap
(Tortilla w/ Breaded
Chicken Tenders,
Lettuce, Tomato,
Shredded Cheese,
Ranch)
Corn
Tropical Fruit**

15
**Beer Battered Cod
with Tartar Sauce
Roasted Potatoes
Cole Slaw
Pineapple**

22
**Beef Nachos (Taco
Beef, Lettuce,
Tomatoes,
Cheese, and Sour
Cream over
Tortilla Chips)
Chuckwagon Corn
Cookie
Orange Juice**

29
**BBQ Pulled Pork
with cheese and
sour cream over
Baked Potato
Sicilian Blend
Fresh Apple**



This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."