

Lunch Menu

APRIL 2025



TUESDAY

WEDNESDAY

THURSDAY



1
Meatloaf with Beef Gravy
Mashed Sweet Potatoes
Chuckwagon Corn
Fresh Banana

2
Chicken Dijon Rice
California Blend
Cake

3
Hot Dog on a Bun with Mustard, Ketchup, and Relish
Cabbage Beef Soup
Saltine Crackers
Carrots
Peaches

8
Egg Salad with Lettuce & Tomato on Croissant
Tomato Florentine Soup
Saltine Crackers
Malibu Blend
Peaches

9
Sweet & Sour Pork over Rice
Stir Fry Vegetables
Ice Cream
Grape Juice

10
Turkey Tetrazzini over Pasta
Crusty Roll
Broccoli
Pears

15
Pulled Pork Baked Potato
Cole Slaw
Ice Cream
Fresh Plum

16
Seafood Salad over Lettuce & Tomato
Potato Leek Soup
Saltine Crackers
Muffin

17
Easter Meal
Ham w/ Pineapple Glaze
Scalloped Potatoes
Green Beans
Carrot Cake
Apple Juice

22
Mild Chili with Sour Cream
Corn Muffin
Zucchini Sherbet

23
Country Captain Chicken over Pasta
Italian Bread
Mixed Vegetables
Pineapple Shortcake

24
Turkey Reuben
(Turkey Breast with Sauerkraut, Swiss Cheese, and Thousand Island Dressing on Rye)
Potato Salad
Mandarin Oranges

29
Italian Sausage Pasta with Margarine
Succotash
Broccoli
Apricots
Orange Juice

30
Pork Chop w/ Gravy
Mashed Potatoes
Zucchini
Cauliflower
WW Dinner Roll
Cookie

1
Pub Burger Salad
(Salad topped with Burger, Onion, Tomato, Cheddar) with Thousand Island Dressing
Hard Roll
Broccoli Pasta Salad

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30 am.** All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by Michelle Koch Blood, RD - 1/28/2025

This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



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