Lunch Menu





TUESDAY

WEDNESDAY

THURSDAY



Meatloaf with **Beef Gravy Mashed Sweet Potatoes** Chuckwagon Corn Fresh Banana

Chicken Dijon Rice **California** Blend Cake

Hot Dog on a Bun 3 with Mustard, Ketchup, and Relish **Cabbage Beef** Soup Saltine Crackers Carrots **Peaches**

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older.

Lunch is served at **11:30 am.** All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

Certified by Michelle Koch Blood, RD - 1/28/2025

8 **Egg Salad with Lettuce & Tomato** on Croissant **Tomato Florentine** Soup **Saltine Crackers** Malibu Blend Peaches

15

22

Pulled Pork Baked Potato Cole Slaw Ice Cream Fresh Plum

Mild Chili with **Sour Cream Corn Muffin** Zucchini **Sherbet**

29 **Italian Sausage** Pasta with Margarine Succotash Broccoli **Apricots Orange Juice**

Sweet & Sour Pork over Rice Stir Fry **Vegetables Ice Cream Grape Juice**

9

Seafood Salad over Lettuce & **Tomato Potato Leek** Soup **Saltine Crackers** Muffin

23 **Country Captain Chicken over Pasta Italian Bread Mixed Vegetables Pineapple** Shortcake

30 Pork Chop w/ Gravy **Mashed Potatoes** Zucchini **Cauliflower WW Dinner Roll** Cookie

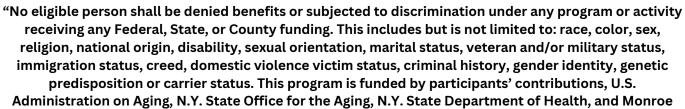
10 **Turkey Tetrazzini** over Pasta **Crusty Roll Broccoli Pears**

Easter Meal 17 Ham w/ Pineapple Glaze Scalloped **Potatoes Green Beans Carrot Cake Apple Juice**

Turkey Reuben 24 (Turkey Breast with Sauerkraut, Swiss Cheese, and **Thousand Island Dressing on Rye) Potato Salad Mandarin Oranges**

Pub Burger Salad 1 (Salad topped with Burger, Onion, Tomato, Cheddar) with Thousand **Island Dressing Hard Roll Broccoli Pasta Salad**

This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



County Dept. Of HS/Office for the Aging."

