

# Lunch Menu

## MARCH 2025

### TUESDAY

### WEDNESDAY

### THURSDAY



This program receives its funding through participants' contributions, U.S.

Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



**4**  
Grilled Chicken on a Bun with Mayo  
Lentil & Black Bean Soup  
Green Beans  
Fresh Clementine

**11**  
Pork Chop with Gravy  
Boiled Potatoes  
California Blend Cake

**18**  
Beef Stew over Biscuit  
Sicilian Blend Veggies  
Fresh Plum

**25**  
Chicken Tenders  
Potato Leek Soup  
Saltine Crackers  
Spinach  
Fresh Apple  
Orange Juice

**5**  
Spinach Tortellini Salad  
Tossed Salad with Italian Dressing  
Crusty Roll  
Peaches

**12**  
Chicken Salad with Lettuce & Tomato on Rye Bread  
Broccoli Pasta Salad  
Pears

**19**  
Sloppy Joe on a Bun  
Mixed Vegetables  
Cauliflower Muffin

**26**  
Pub Burger on a Bun with Lettuce, Onion, Catsup, Mustard, and Relish  
Roasted Potatoes  
Prince Edward Blend  
Pineapple

**6**  
Sweet & Sour Pork over Rice  
Peas & Carrots  
Fresh Orange Sherbet

**13**  
Beef Taco Bowl (Rice, Taco Beef, Bean & Corn Salsa, Lettuce, Tomato, Cheese, & Sour Cream)  
Tortilla Chips  
Mandarin Oranges

**20**  
Grilled Chicken over Tossed Salad  
Vegetable Soup  
Saltine Crackers  
Cream Pie

**27**  
Tuna Salad with Lettuce and Tomato on a Croissant  
Pea & Cheese Salad  
Fresh Kiwi

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older.

**Lunch is served at 11:30 AM.**

All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the Annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

*Certified by  
Michelle Koch Blood, R.D.  
- 12/30/2024*

"No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging."