

# Lunch Menu

## JANUARY 2025



**TUESDAY      WEDNESDAY      THURSDAY**

This program receives its funding through participants' contributions, U.S.

Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.



**31**  
NO LUNCH

**7**  
Meatloaf with Gravy  
Mashed Potatoes  
California Blend  
Clementine  
Banana Loaf

**14**  
Turkey a la King  
over Biscuit  
Green Beans  
Mandarin Oranges

**21**  
Fish Sandwich  
with Tartar Sauce  
Broccoli  
Carrots  
Ice Cream Cup

**28**  
Southwest Chicken  
Soup  
Cheese Quesadilla  
with Sour Cream  
Malibu Blend Veg  
Fruit Cocktail

**1**  
*\*Happy New Year\**

**8**  
Tuna Salad with  
Lettuce and Tomato  
on Pita Bread  
Tossed Salad with  
Italian Dressing  
Tropical Fruit

**15**  
Spinach Tortellini  
Salad  
Potato Leek Soup  
Peaches

**22**  
Beef Barley Soup  
Baked Potato with  
Broccoli, Cheese,  
& Sour Cream  
Pudding

**29**  
Pizza Lunch with  
Recess Camp

**2**  
Pub Burger with  
Tomato & Onion  
Carrot Raisin Salad  
Pineapple  
Pudding

**9**  
Chicken with  
Stuffing  
and Gravy  
Sweet Potatoes  
Broccoli  
Pears

**16**  
Pulled Pork on a  
Bun  
Cole Slaw  
Pineapple  
Muffin

**23**  
Stuffed Pepper  
with Sauce  
Spinach  
Peaches  
Brownie

**30**  
Beef Stew over  
Biscuit  
Cauliflower  
Pears

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30am.** All meals served with milk - soup served with crackers. Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50.

*Certified by  
Michelle Koch Blood, RD  
- 11/20/2024*

“No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging.”

