GATES RECREATION AND PARKS DEPARTMENT



2025 WINTER PROGRAM GUIDE

RESIDENT REGISTRATION BEGINS JANUARY 6

GATES RECREATION & PARKS STAFF

Daniel Hoock, Recreation Director Cindy Briggs, Recreation Supervisor Stacie Paris, Recreation Supervisor Ellen Fridman, Recreation Supervisor Kim Vogler, Adult Services Coordinator

PHONE: (585) 429-8289

E-MAIL ADDRESS: gatesrec@townofgates.org WEBSITE: gatesrec.org (NEW WEB ADDRESS)

OFFICE HOURS:

Monday - Friday, 9:00 AM - 5:00 PM

GATES RECREATION & PARKS COMMISSION

Abramo Bianchi Steve Murphy John Unson Christine Maurice Valerie Young, Secretary



MISSION STATEMENT

To provide accessible, affordable, and quality leisure programs, activities, services and facilities to all residents of the Town of Gates and to ensure residents that all programs and facilities are available for the public to participate in regardless of race, gender, income, physical disabilities, creed or other barriers that would preclude participation.

There are some big changes coming in 2025 for the Recreation & Parks Department! Starting with new software/website layout and web address (gatesrec.org), we will need new customer profiles created for all participants, park renters, etc.

This transition will begin in December 2024. We are also eager to begin new projects at both Lions Park and Memorial Park! Finally, we designed a brand new logo that we are very excited to show off.

(pictured to the right)



Gates Recreation Center

OPEN HOURS:

Monday/Tuesday/ Thursday/Friday 9:30am - 2:00pm

> Wednesdays CLOSED





The Recreation Center is closed on school breaks and hours are subject to change throughout the year. Please call to inquire about any schedule changes.

TOWN OF GATES RECREATION CENTER 1605 BUFFALO RD 585-429-8289

WWW.GATESREC.ORG



Winterfest 2025

OUTDOOR STREET HOCKEY TOURNAMENT

WESTGATE PARK

SATURDAY, FEBRUARY 1 STARTS AT 9:00 AM

AGES 18 & UP - SIGN UP INDIVIDUALLY
TEAMS DRAFTED THE MORNING OF THE TOURNAMENT
FEE: RESIDENTS \$25, NON-RESIDENTS \$30
REGISTER UNTIL 1/24 (DETAILS AT GATESREC.ORG)



SATURDAY, JANUARY 25 1:00-4:00 PM

GATES RECREATION CENTER

\$5/person

COME PLAY TABLE
GAMES, ARCADE GAMES
AND CONSOLES FROM A
VARIETY OF DECADES







Games to include:
Air hockey, ping pong,
bubble hockey, pinball,
stand up arcade games Pacman, Galaga, and more!
Nintendo, SNES, N64,
Gamecube,
Wii and Switch







SUMMER 2025 SAVE THE DATES!!



Registration begins in April



SUMMER CAMP

June 30 - August 8
(No Camp on July 4)
Locations TBD

New age groups: K-1, 2-4, 5-7

Limited LIT & CIT positions available for 8th, 9th & 10th graders



BIG MUNCHKINS SUMMER CAMP

Dates TBA
Ages 4 - 5 year olds
Gates Rec Center





SPORTS CAMP

August 11 - August 15 Lions Park

NATURE CAMP

August 18 - August 22 Westgate Park

Entering grades K - 7

Munchkin Madness



Jan. 8 - March 26

(No Classes Jan. 29 & Feb. 19)



Residents: \$25

Non-Residents: \$35

For Ages 1-5 9:30 - 10:30 AM

Preschool Classes with Miss Stacie Story, Craft & snack time 10:30 AM FREE



Jan. 14 Winter



March 18
Rainbows





Feb. 11 Birthday







<u>February 6:</u>
Little Blue Truck



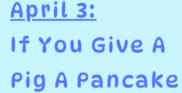
March 6:

Dr. Seuss's ABC's



IF YOU CO A PICA A PANCAK Laura Name Fritter th

De Coussis Apple



First Thursday's

10:30AM FREE

Come enjoy a story, craft and a snack all themed around these classic children's books:



Grades K-5

Gates Rec Center

8:30 AM - 5:30 PM



Recess



Register online (gatesrec.org)
or in our office

Single Day Camps

Wednesday, Jan 29 Friday, March 28

\$40 Residents \$50 Non Residents (per day)



JOIN OUR GATES REC STAFF AS
WE PARTICIPATE IN FUN
ACTIVITES DURING THE DAY
OFF OF SCHOOL. BREAKFAST,
AN AFTERNOON SNACK,
GAMES, ACTIVITES AND CRAFTS
ARE PROVIDED.



Week Break Camps

February Break:

Tuesday, Feb. 18 Wednesday, Feb. 19 Thursday, Feb. 20 Friday, Feb. 21

\$40 Residents \$50 Non Residents (per day)

April Break:

Monday, April 14 Tuesday, April 15 Wednesday, April 16 Thursday, April 17

\$140 Residents \$180 Non Residents (all 4 days)

KIDS NIGHT OUT

This monthly program gives kids the chance to enjoy a special evening away from their parents in a fun and safe environment. We will have games, crafts, activities & a snack based on the monthly theme.

AGES: 5-11 YEARS 6:00 - 9:00 PM RECREATION CENTER

RESIDENTS: \$14 NON-RESIDENTS: \$24 (EACH NIGHT)

FRIDAY, JANUARY 10 BLUEY FRIDAY, FEBRUARY 7 HARRY POTTER



FRIDAY, MARCH 14 PI(E) DAY



FRIDAY, APRIL 4

SHREK



FRIDAY, MAY 9

MINIONS



'TWEEN NIGHTS AT GATES REC!

6:30 - 8:30 PM AGES: 9-14

Res: \$10 Non-Res: \$20 (each night) This monthly program gives our older kids the chance to enjoy a special evening away from their parents in a fun and safe environment. We will have games, crafts, activities & a snack based on the monthly theme.







FRIDAY, APRIL 25

Video Game Night



CARD GAME CHAOS NIGHT



FRIDAY, FEBRUARY 28





FRIDAY, MARCH 21

THE SHOW

YOUTH PROGRAMS



American Dance Academy



Offering year-round classes for all ages & levels:

*=Classes with previous instruction required

Fees per session listed on www.gatesrec.org

Registration begins January 6

Saturday Classes (No Classes on Feb 22 & April 19)

Session Dates: Jan 11 - March 8 (8 classes) March 15 - May 10 (9 classes)

Tap, Ballet & Tumbling (Ages 4 - 7) 9:30 - 10:10 AM

<u>*Tap, Ballet & Jazz</u> (Ages 6 - 8) 10:15 - 11:00 AM

Creative Movement (Ages 3 - 4) 11:15 AM - 12:00 PM

For more information: AmericanDanceAcademy1986@gmail.com or www.gatesrec.org (NEW WEBSITE!)

Monday Classes (No Classes on Jan 20, Feb 17 & April 14)

Session Dates:

Jan 13 - March 17 (8 classes) March 24 - May 10 (8 classes)

Hip Hop

(Ages 8 - 10) 5:15 - 5:45 PM

Hip Hop

(Ages 11 - 14) 6:45 - 7:15 PM *Tap, Ballet, Jazz & Hip Hop

(Ages 9 - 11)

5:15 - 6:45 PM

<u>*Tap, Ballet & Jazz</u> (Ages 9 - 11) 5:45 - 6:45 PM

*Tap, Ballet, Jazz, Lyrical & Hip Hop (Ages 11 - 14) 6:45 - 8:15 PM

Children's Birthday Parties

At the Gates Rec Center

JANUARY - MAY

SATURDAYS & SUNDAYS BETWEEN 11:00 AM - 6:00 PM 2 HOUR MIN - 4 HOUR MAX

\$40 PER HOUR FOR GATES RESIDENTS \$60 PER HOUR FOR NON-RESIDENTS

PRICE INCLUDES USAGE OF THE REC CENTER, 30 ADDITIONAL MINUTES BEFORE AND AFTER PARTY FOR SET UP AND CLEAN UP & STAFF MEMBER FOR ASSISTANCE.

GAGA PIT AVAILABLE TO RESERVE FOR ADDITIONAL FEE.

CALL 429-8289 TO CHECK FOR AVAILABILITY.



VALENTINE'S DAY BRUNCH

Join us to celebrate Valentine's Day! We will have breakfast food, cheese and crackers, fruit and veggies and a chocolate fountain. Marco Amadia will be playing and singing for your entertainment.

Program Fee: \$10 (resident), \$15 (non-resident) must register by 2/7



Monday, March 17 11:00 AM - 2:00 PM Town Hall Annex

Program Fee: \$15 (resident), \$20 (non-resident) must register by 3/12

Join us for a Ham lunch and Irish music by the Crazy Firemen.











Friday, March 28 6:30-9:00pm Westgate Park

JOIN US FOR A 21 AND OVER BOARD GAME NIGHT AT THE PARK - ALL TYPE OF GAMES AND BOARD GAME PLAYERS WELCOME!

WEEKLY ADULT ACTIVITIES

EUCHRE

Competitive Group
Mondays
(no class Jan 20, Feb 17,
Mar 17 & May 26)
10:30 AM -2:30 PM
Gates Town Hall Annex

Non-Competitive Group
Wednesdays
10:00 AM -12:00 PM
Gates Town Hall Annex









BINGO

Tuesdays and
Thursdays
1:00 - 2:00 PM
Gates Town Hall Annex
\$1 per visit at the door

HOOK N' NEEDLES

Knitting & Crocheting Group

Wednesdays 9:00 - 11:30 AM Gates Recreation Rec Center



MAH JONGG

We play with the standard hands and rules of the National Mah Jongg League. Want to learn? Join us and we will have a teaching table.

Mondays (no class Jan 20, Feb 17,& May 26) 1:00 - 4:00 PM Gates Recreation Room A

BRIDGE

Wednesdays
1:00 - 3:30 PM
Gates Town Hall Annex
\$1 to the instructor per visit



This club meets weekly all year long, practicing songs from all eras of music. We have both experienced musicians and those that are new to playing ukulele. We also have a few ukuleles to loan out if you are interested in learning. The club occasionally performs at events around the community. The best way to see what we are all about is to stop by and check us out!

Tuesdays 9:30 - 10:30 AM Gates Town Hall Annex

ADULT ACTIVITIES



It's about taking on the opportunities of longer life.



Lifespan proudly offers the Aging Mastery Program (AMP) designed to inform and encourage as you take steps to improve your lives and engage with our community.

Longer life means that today's older adults have opportunities, as well as challenges, unknown to previous generations. Longer life also brings new challenges for both older adults and caregivers. No one understands the new face of aging better than the professionals at Lifespan.

Class Topics include: Navigating Longer Lives, Exercise & You, Sleep, Healthy Eating & Hydration, Financial Fitness, Medication Management, Advanced Planning, Healthy Relationships, Fall Prevention, & Community Engagement.

Wednesdays

February 5 - April 30 (no class 2/19, 3/12 & 4/16)

1:00 - 2:30 PM **Rec Center Room A**



Program Fee: FREE (resident), \$10 (non-resident) **Pre-registration required**

SENIOR FITNESS

This class, provided by Agape Physical Therapy, will be led by a licensed therapist who will lead the class in generalized exercises to build strength and endurance for the upper body, trunk and legs.

Mondays, 2:00 - 3:00 PM **Town Hall Large Meeting Room**

Session 1: January 27 - March 24 (No class 2/17)

Session 2: March 31 - May 19

Program Fee per session: \$10 (resident) \$20 (non-resident)



SAIL



Stay Active and Independent for Life (SAIL) series incorporates cardio, upper and lower body strengthening, and dynamic and static balance. It is a faster-paced class, well-rounded, with fun music.

Tuesdavs & Fridavs Session 1: February 4 - April 4 Session 2: April 22 - June 13

> 10:00 - 11:00 AM **Rec Center Room A**

Program Fee per session: \$20 (resident), \$25 (non-resident) **Pre-registration required**





TAI CHI

Have you made plans for keeping in shape over the fall and winter? We don't want to stiffen up over time, do we? Our friendly Tai chi class is for YOU! Tai chi is done from a standing position. We offer gentle repetitive movements that will increase your range of motion, give relief to knees, hips, and shoulder joints, help in maintaining balance (so you won't be prone to falls), and give your mind a work-out. Learning new skills prevents mental decline! Beginner students will have more one on one assistance if needed.



Thursdays

Session 1: January 30 - March 13 Session 2: March 20 - May 1 2:00 - 3:00 PM **Rec Center Room A**

Program Fee per session: \$25 (resident), \$35 (non-resident)

CHAIR FITNESS WITH CINDY

Join Cindy for some chair fitness and balance exercises. We will be doing low impact movements.

Thursdays

January 23 - May 15 (No class 2/20 & 4/17)



10:00 - 10:45 AM **Town Hall** Large Meeting Room

Program Fee: FREE Pre-registration required

Adult Services

HICAP

Health Insurance, Counseling & Assistance program.
Call (585) 325-2800
8:00 AM - 3:00 PM

Medical Transportation

Transportation available for medical appointments
(9:30 AM - 3:30 PM).
For Gates senior 55+ residents only.
Call (585) 429-8289

AARP Defensive Driving

Upcoming Classes
January 8 & 10
March 12 & 14
May 14 & 16

Pre-registration is required.
IO:OO AM - I:OO PM each day.
\$25 for AARP Members, \$30 for non members
Please call the Recreation Department at
(585) 429-8289 to register.

Eldersource Care

An Eldersource Care Manager can provide information & guidance on various elder issues.

Call (585) 244-8400 for appt.

Lifespan

A social worker from Lifespan will be in the annex from II:OO AM - I:OO PM on January 2, February I3, March 6 & April 3. Call (585) 244-8400 for appt.

Westside Express

Westside Express provides transportation needs for Gates and Chili residents.

Appointments must be scheduled two weeks in advance. Volunteers drive their own vehicles. For more information, please call (585) 889-6104 and a dispatcher will return your call.

AARP Tax Preparation

Free tax preparation for adults 50 years and older. Volunteers will be available on Mondays and Fridays beginning in February by appointment only. To make an appointment, call (585) 429-8289 on the appropriate day below. Appointments will be filled on a first come, first serve basis.



Wednesday, January 22 -Gates Residents only

Friday, January 24 - Non Residents



60+ Lunch Program



TUESDAYS, WEDNESDAYS, & THURSDAYS LUNCH IS SERVED AT 11:30AM

Transportation

Our Recreation bus is available to pickup any town resident ages 50 or older or those with disabilities. Transportation is available only on Tuesdays and Thursdays. Pickup times will be approximately between 10:15 - 10:45 AM and return trips home will begin at 2:00 PM. Each week, call (585) 429-8289 between 9:00 AM and 5:00 PM to reserve a seat on the bus for the days you would like to be picked up. Seats are available on a first come, first serve basis.

Lunch Program details:

Gates Recreation & Parks, in partnership with Monroe County Office for the Aging, provides lunches for the members of our community that are 60 years of age or older. It is preferred that lunch is preordered 10 days ahead of time by calling (585) 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not preregistered, lunch will only be available on a first come, first serve basis. The suggested contribution for lunch is \$3.50. A monthly lunch and activity schedule is available. We offer a variety of activities throughout the year. Bingo is played Tuesday & Thursday afternoons starting at 1:00 PM. Transportation is available for any Gates resident on Tuesday or Thursday.



THIS PROGRAM IS FUNDED IN PART BY MONROE COUNTY OFFICE FOR THE AGING, NEW YORK STATE OFFICE FOR THE AGING, US ADMINISTRATION ON AGING, AND PARTICIPANT CONTRIBUTIONS.

TOWN PARKS & SHELTER RENTAL INFO

Visit our website (www.gatesrec.org) for specific information on each park and how to rent one of our facilities.

ENCLOSED SHELTERS:

Hours of Operation: 9:00 am - 9:30 pm MONDAY - THURSDAY RESIDENTS - \$120 NON-RESIDENTS - \$240

FRIDAY - SUNDAY RESIDENTS - \$150 NON-RESIDENTS - \$300



WESTGATE PARK 1489 HOWARD RD



MEMORIAL PARK 160 SPENCERPORT RD



LIONS PARK 100 KENTUCKY AVE

OPEN PICNIC PAVILIONS:

HOURS OF OPERATION: 10:00 AM - 9:00 PM (MAY - OCTOBER) MONDAY- THURSDAY RESIDENTS - \$60 NON-RESIDENTS - \$120 FRIDAY - SUNDAY RESIDENTS - \$75 NON-RESIDENTS - \$150



WEGMAN RD PARK 510 WEGMAN RD



MEMORIAL PARK 160 SPENCERPORT RD



FIRST RESPONDERS PARK 4310 LYELL ROAD

REFUND/CHANGE OF DATE FEE POLICY:
NO REFUNDS WILL BE MADE UNLESS NOTIFICATION
OF CANCELLATION IS GIVEN 14 CALENDAR DAYS IN
ADVANCE. THE PROCESSING FEE FOR ALL
RESERVATION REFUNDS IS \$25. THERE IS A \$20
CHARGE FOR CHANGES OF DATE OR LOCATION. ANY
DATE CHANGE MUST ALSO BE RECEIVED 14
CALENDAR DAYS IN ADVANCE.

THE PRICE OF OUR ENCLOSED SHELTERS INCREASES ON HOLIDAYS. TO SEE MORE PHOTOS OF OUR PARKS, VISIT OUR WEBSITE OR FACEBOOK PAGE. YOU CAN ALSO CALL OUR OFFICE TO SET UP AN APPOINTMENT TO SEE THE SHELTER IN PERSON.



Town of Gates 1605 Buffalo Road Rochester, NY 14624 (585) 247-6100 townofgates.org



Town of Gates Public & Private Organizations



GATES HISTORICAL SOCIETY	464-9740
GATES GARDEN CLUB	733-7331
GATES AMITA CLUB	247-6601
GATES KIWANIS CLUB	355-1399
GATES LIONS CLUB	746-1179
TOTAL SPORTS EXPERIENCE	458-4263



